

GOSPEL REFLECTION FOR THE 12th SUNDAY IN ORDINARY TIME

Courage and Worth

Some people leave their homes and go to work with the poorest of the poor in far flung third world countries but we are not those people. Some people fund raise tirelessly day in and day out for those who are ill or poor but we are not those people. Some people campaign endlessly to end injustice and cruelty, but we are not those people. We are not those people! Why not?

We are capable of doing great things, but most of us don't come anywhere near meeting our potential. We are afraid to step out of the comfort zone of our well-worn lifestyles, jobs and homes. We are afraid of the unknown, of failure, disruption and discomfort. In short, we lack the necessary courage.

In the face of a sometimes hostile and sceptical world, Jesus asks us to have the courage of our convictions. The Church today is built on the courage of those who have refused to compromise their beliefs. Today's gospel urges us to be courageous. "Fear no one," Jesus advises us. Why fear those who can make life temporarily uncomfortable when God has our everlasting interests at heart?

Today's gospel teaches us an important lesson; courage is all to do with self worth. If you feel you are worthless you are easily intimidated, but if you feel you do have worth, your conviction will lend you real courage. So do we appreciate our worth? Jesus convinces us that even the sparrows that are two a penny have worth in God's eyes, so how much more worth have we. We have an individual worth to God who has counted each and every hair on our heads. We all have great potential. We all have something to offer no excuses, no exceptions.

Saint Thomas More - 22nd June

In 1534, Thomas More, with his close friend, St John Fisher, refused to render allegiance to the King as the Head of the Church of England and was confined to the Tower. Fifteen months later, and nine days after St John Fisher's execution, Thomas More was tried and convicted of treason. He told the court that he could not go against his conscience and wished his judges that "we may yet hereafter in heaven merrily all meet together to everlasting salvation." And on the scaffold, he told the crowd of spectators that he was dying as "the King's good servant-but God's first." He was beheaded on 6 July 1535. We are invited this week to think how we are best suited to follow in the footsteps of the men and women who have built our Church and urged to be fearless Christians!

Bitesize - 'When I look back on all these worries, I remember the story of the old man who said on his deathbed that he had had a lot of trouble in his life, most of which had never happened' - *Winston Churchill*



PARISH PRAYER – Father, pour out your Spirit upon our parish. Grant us a new vision of your glory, a new faithfulness to your Word and a new consecration to your service, that your love might grow among us and your kingdom come, through Christ our Lord, Amen.

Permanent Deacons: Revs Martin Sanderson & Richard Jones
(deaconrick@sacredheartdereham.org.uk)

Parish Music team: Judy Reid, Kathleen Edmunds & Paul McIntee.

Parish Safeguarding Representatives: Paul McIntee

Sacred Heart & St Margaret Mary



Parish Priest: Fr Jay T. Magpuyo
35 London Road, Dereham, Norfolk, NR191AS

Tel: 01362 694066. Email:

edsacredheart@gmail.com

Registered Charity No. 278742

www.sacredheartdereham.org.uk



Sunday 21st June 2026 – 12th Sunday in Ordinary Time

[Sundays Year A, 12th Week of the Year, Weekdays Year II, Psalter Week 4]

MASSES in the PARISH

Saturday 20th June	Feria
18.00	Eugenia +
Sunday 21st June	12th Sunday in Ordinary Time (Day for Life)
09.00 MASS	For the People of the Parish
11.00 MASS <i>Live streamed</i>	Frances P Fernandez (Thanksgiving) (LF)
Monday 22nd June	SS JOHN FISHER & THOMAS MOORE (Feast)
-	No Mass
Tuesday 23rd June	St Etheldreda
10.00 MASS	John Lukose +
Wednesday 24th June	THE NATIVITY OF ST JOHN THE BAPTIST (SOLEMNITY)
10.00 MASS	Annie Abraham +
Thursday 25th June	Feria
10.00 MASS	K J Thomas +
Friday 26th June	Dedication of the Cathedral (Feast)
-	No Mass
Saturday 27th June	Feria
18.00 <i>First MASS of Sunday</i>	For the People of the Parish
Sunday 28th June	SS PETER & PAUL (SOLEMNITY) (Holy Day of Obligation)
09.00 MASS	John Perkins + (CP)
11.00 MASS <i>Live streamed</i>	Clara Robertha McCarthy (Thanksgiving) (GM)

SACRAMENT OF RECONCILIATION: Thursday after 10.00 Mass and Saturday at 17.30
EXPOSITION & BENEDICTION: Thursday after Mass

For Live Streamed Masses Search for Dereham Catholic Church on YouTube, or use the link on the parish website.

The parish newsletter is available on the parish website from Friday each week.

Anniversaries this week: John McGee, Thomas Murphy, June Doreen Kanssen, Mary Holmes, Mary Rush, John Frizzell, Dorothy Payne, Michael Howard, Maureen Jacobs, John Zuhlke, Terrance Lappin, Barry McGrath, Frances Saville-King. *May their souls and the souls of all the faithful departed rest in peace.*

Hospital Visits: If you or any member of your family is admitted to the Norfolk and Norwich Hospital and would like to have a visit from a Catholic Priest, please inform a nurse on the ward and contact will be made through the Chaplaincy. If you are admitted to the Queen Elizabeth Hospital in King's Lynn, please contact Fr. Peter Rollings at the Presbytery on 01553 772220. If you would like to receive the Sacrament of the Sick before going into hospital, please contact Fr. Jay either by phone or by email.

Sick & Housebound [with GDPR Permissions] – Please pray for: Derek Williams, Patsy Gray, William Dunne, Pauline Buckland, Katherine Vella, Frank Vella, Pauline Organ, Pat Grout, George Mealy, Peggy Mealy, Richard Allison, Marion Ring-Davies, Patsy Thompson, Ann McWilliams, Margaret Glendon-Doyle, Mila Kaunaite, Anne Sibley, Hillary Bushell, Ann Williams, Matthew Williams, Ken Wood, Frank Crawley, John Salmon.

Money Matters: Offerings for the week was as follows:
 Plate Collection 14th June 2026: £268.08.
 Collection 13th/14th June for the Missionary Sisters of St Peter Claver: £311.04.
 Personal giving via BACs (March & April) was £2085, and via DONA was £407.

There is a Second Collection this Sunday 21st June 2026 for Bishops' Conference Life Charities.

Next Sunday 28th June there will be a Second Collection for Peter's Pence.

Bank Details. Our new banking details are: The Sacred Heart Church, S/C 52-41-29, A/C 44725132. The change-over occurred 1st April 2026. When amending your Standing Order details please use **Offertory** as the only entry in the **Reference** box. Please only use **Stipend** or **Donation** for payments that are extra to your regular offering. Any queries please send to treasurer@sacredheartdereham.org.uk. If a tax payer, please consider Gift Aid (forms at back of church, or contact Rex Baker: Telephone 01362 694801 or email rex baker27@btinternet.com). This will help to maximize donations.

Upcoming Parish events:

Diary for week Sunday 21st June - Saturday 27th June 2026	
Sunday: 1100	Childrens' Liturgy
Monday: 1900 - 2030	AA Group Meeting - Emmaus Room
Tuesday: 1900	Unwrapping the Feast Days - Old Hall, Dereham
Friday: 1915 - 2030	Altar Servers Meeting – Emmaus Room
Saturday: 1130	Wedding of Alex Holley & Lia Simpson
Parish Garden Club – To volunteer, please contact Sonia on 07985 521578.	

Unwrapping the Feast Days: Come and explore the meaning of key Church Feast Days with Kevin and Rachel at the Old Hall, Dereham (07974 393470). Ring for directions and confirm you are coming. All are welcome. Next meeting is:

- Tue 23 Jun 26 at 7 pm - Unwrapping the Solemnity of Saints Peter and Paul.

Diocesan Jubilee Year Celebration - Friday 26th June - 1130 at St John the Baptist Cathedral, Norwich.

Wedding of Alex Holley and Lia Simpson 27th June 2026 at 1130 hours - Alex and Lia warmly invite the whole Parish community to their marriage ceremony, which will take place on Saturday 27th June at the Sacred Heart Church, Dereham.

Priestly Ordination of Dcns Anthony Reilley and Peter Ho - 4th of July, at 1130 at the Cathedral.

SVP Pilgrimage to Walsingham 5th July 2026 - Mass at 2.00pm, including Sacrament of the Sick, Benediction at 4pm.

Discussion on the Encyclical Letter *Magnifica Humanitas* of Pope Leo: We are warmly invited to read and reflect on the recent Encyclical Letter *Magnifica Humanitas* of Pope Leo, particularly its reflections on Artificial Intelligence and the future of humanity. This will be on **6th August at 1830** in the Emmaus Room. As we gather for discussion, let us come prepared not only to understand the Church's teaching on AI, but also to formulate our own narrative, sharing how these developments shape our understanding of human dignity, creativity, responsibility, and our relationship with God.

Diocesan Lourdes Pilgrimage, 21st - 28th August 2026. Please consider coming with us on the pilgrimage to Lourdes in this special anniversary year for East Anglia. You can find more information on the diocesan website: <https://www.rcdea.org.uk/lourdes-pilgrimage-21-28-august-2026/> and on the Catholic Association website: <https://www.catholicassociation.co.uk/calourdes125>
 For more information contact Deacon Huw Williams: Huw.williams@rcdea.org.uk
 Mobile: 07399 163718 - please leave a message.

Parish Pastoral Council Formation - We'll be forming our PPC this September. In preparation, please nominate a capable candidate from within your cultural community whom you believe possesses the commitment and spirit of service needed for this important ministry, so we can ensure that the various nationalities and communities in our parish are represented.

March For Life on 5th September in London - Join Bishop Peter at this year's 5th September in London. For more information: marchforlife.co.uk. Details to follow.

Word of Thanks: Our thanks to the Filipinos for donating 20 folding chairs which will be used for any celebration in the Parish.